

MAKING KIN

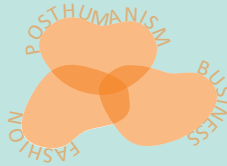
A method kit to develop relationships with nature

MAKING KIN -

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INSTRUCTIONS

This method kit is part of the design project Making Kin, which explores posthumanism, fashion and business.



STEP 1

Choose a nature being outside, such as an animal, a plant or a stream.

STEP 2

Answer the reflection questions.

STEP 3

Do the exercises in the order they are numbered, 1-5. Document in the way you like, for example by drawing, painting and writing. Use the backside of the cards or separate paper.

There is an estimated time for each exercise but spend the time that works for you.

STEP 4

Answer the reflection questions.

GLOSSARY

POSTHUMANISM

Pays attention to the interests and needs of species other than humans, such as animals and plants. It challenges the idea that we so-called modern humans are separated from nature and questions the divide between subject and object that have justified humans to exploit and abuse other parts of life on earth, such as rivers, animals and plants.

EMPATHY

Ability to perceive and experience the feelings of another being.

KINSHIP / MAKING KIN

Relationship between members of the same family. Kinship indicates to whom one is responsible.

ODDKIN

Refers to the new and unpredictable relationships, collaborations and combinations that can take shape between different species.

REFLECTION BEFORE

Which being did you choose and why?

Describe your relationship to the being as it is today.

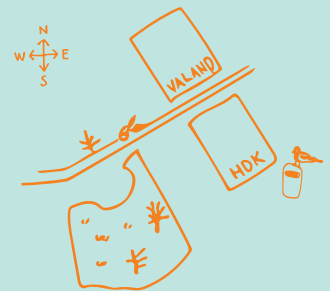
How are you affected by the being and how do you believe the being are affected by you, other humans and human activities?

Would you miss the being if it disappeared? Elaborate your answer.

What are your expectations before trying this method kit?

MAP

Draw a very simple map of the area and mark the position of the being.



1. PRECENSE (5 min)

Scan the QR-code to listen.

Stand or sit with both feet firmly on the ground. Close your eyes. Relax your shoulders and take a few deep breaths.

Sound: Pay attention to sounds around you and try to separate the different sounds.

Smell: Notice smells and focus on how it feels to breathe in the air.

Taste: What tastes do you feel?

Touch: Touch materials on the site and notice how they feel.

Sight: Open your eyes and look at shapes, structures and colors. Take in the place with all your senses.

QR-code for sound:



2. OBSERVE (15 min)

Focus your attention on the being.

Observe the shapes and notice details such as colors and structures.

Observe behaviors. What does the being do? How does it move?

Can you discern any relationships between individuals?

3. IMAGINE (15 min)

Imagine that you are the being. What do you look like?

How do you move?

What abilities do you have?

Do you experience any changes or difficulties in your surroundings such as dangers, lost habitat, pollution, etc.

Do you experience any positive changes in your environment?

Who are your friends and family?

How did it feel to imagine yourself as another being?

4. REPRESENT (10 min)

Choose an object from the site that will represent the being. If possible, borrow the item and take it with you without causing any permanent damage.

You can also decide on an object that is fixed on the site, but this means slightly different conditions for the next exercise.

5. RELATIONSHIP (30 min)

Do something with the object so that it instead will represent the relationship between yourself and the being.

You can for example manipulate the object and/or add material. Dare to be personal and use your craft skills and your creativity.

Have fun while you are doing!

REFLECTION AFTER

How did it feel to do the exercises?

What do you take with you and have you learned something new?

How did the method kit meet your expectations?

What have been good with this method kit and what do you think could be done differently?

Do you like to share your reflections? contact: linarosquist@hotmail.com

